Traditional Leadership Styles

**Intended Learning Outcomes:**
- Explore the three traditional styles of leadership
- Discuss uses for all three styles.

**Category:** Individual Growth

**Method:** Simulation

**Duration:** 30 Minutes

**Plan:**
1. Begin by going around the circle and each member saying a word that they associate with... (Camp, Tom Brady, Mac ‘n’ Cheese, Leadership.
2. Draw on the associations given to leadership.
3. Ask for volunteers who would like to run a game for the rest of the group. The game needs to involved some sort of element of decision making (most games do!). If you wish, you can pre-assign the games that they will play. Good options include Human Knot, Simon Says and relay races.
4. With each volunteer, they will be given a task card for how to lead the group.
5. At the end of the games, explain the three differing leadership styles: Authoritarian, Democratic and Laissez Faire (see resource: *Traditional Leadership Styles*). Define each, and match the volunteers to the style.
6. Ask: What dictates our choice of leadership style? Discuss each in turn.
   - Age of participants
   - Competency/ability
   - Behavior of group
   - Group size
   - Nature of activity (Safety)
   - Location
   - Number of staff or ratio of participants:staff.
   - Rapport with participants
   - Time of day
   - Any others?

**Required Resources:**
- Traditional Leadership Styles Handout
- Leadership Task Cards