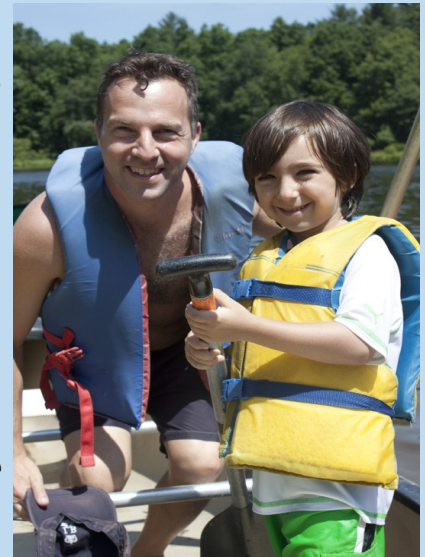




Your Weekend Family FUN Guide

Center for Jewish Family Life

Welcome to the NJY Camps one of the largest Jewish camping organizations in North America. We are so happy that you have decided to join us for a fun-filled program. To our veterans campers, welcome back! We especially welcome our new campers to what we are sure will be a wonderful experience. Those of you with current NJY summer campers will get to share your children's camp experience by living camp alongside them and through their eyes. Everyone is certain to have a most memorable weekend with your family and as a camp community.



Upon arrival, you will receive a full schedule for the weekend including meal times, activities, and maps. Don't forget to pack a white shirt to wear on Friday night as we welcome the Sabbath as a community, bring a white item to tie-dye and throw your sporting equipment in the car!

This information booklet should answer everything that you ever wanted to know about spending a Family Weekend at NJY.

We Can't Wait to see you at Camp!

Arrival and Departure Information

Weekend Registration:

3:00 pm-8:00 pm

Friday Night Dinner:

7:00 pm-8:15 pm

Camp will close at 3:00 pm

on your departure day

(1:30 pm on Labor Day Monday)



A-Z Family Camp

Activities

You and your family will be able to choose from a variety of scheduled and elective activities throughout the weekend. Whether you enroll your children in day camp and spend adult time, or choose to spend every waking moment with your gang, our menu of choices will let you tailor a weekend to fit your needs and interests. Activities include:

Jet Ski Rides	Boating	High and Low Ropes
The Giant Swing	Archery	Softball
Mountain Biking	Tennis	*Massage
Fishing	Yoga	Basketball
Arts and Crafts	Volleyball	Sabbath Services
Nature Hikes	Israeli Dancing	Banana Boating
Havdalah Ceremony	Scavenger Hunt	Tie-Dye

Allergies/Special Dietary Requirements

Please let us know if you have any special dietary requirements due to allergies, etc. Some food at family camp may contain peanuts. All food is kosher. We have a Gluten free Meal option available on request.

Arrival/Registration

Upon arrival, drive through the second camp gate and park in front of the Main Admin Building. Registration takes place at the Main Admin Building. Staff is there to welcome you and offer your family a snack. You may arrive anytime between 3:00 pm and 8:00 pm. Registration closes at 9 pm. If you plan on- arriving after 8:00 pm, please call

570 983 7101

Babysitting

You may bring a babysitter to camp with you at no additional charge to watch children under age 4. Please make sure to register your babysitter formally .

Call us to register your babysitter.

Bunk Assignments

Each family is assigned its OWN cabin with private bath. Bunking requests are honored to the best of our ability. We do recognize family needs and will try our best to bunk friends near each other. Due to increasing demand we cannot guarantee specific cabins and bunking is often assigned on a first come first assigned basis.

Cancellations

Refunds are made if the camp receives written confirmation no later than 5:00 pm on the Monday before your arrival. Please call to verify that your cancellation is received.

Contact Information

(973) 575-3333 X 152

From June 17th

570 Sawkill Road, Milford, PA 18337

Office (570) 296-8596 ext. 152

Day Camp

Day camp is provided for campers Kindergarten - 9th Grade from 9:15-12:30 Saturday and Sunday. The program is run by the Nah-Jee-Wah and Cedar Lake camp staff. Children meet at the Tire Playground and return to the dining room for lunch at 12:30 pm.

Depending upon enrollment patterns we may offer Nursery camp for toilet trained campers, 3 years old through Pre-K, Details are available upon arrival.

Dining Room

Meals are served in the dining room. All meals, except Friday night dinner, are served buffet-style. The menu always includes a vegetarian selection. Additionally, each meal features an extensive salad and pasta bar. Peanut butter and jelly are also always available.

All food is prepared in accordance with kosher dietary laws. To comply with our kosher requirements, we request that you do not bring any food into the dining room that isn't kosher. Call and ask about special gluten free meals

Emergencies

The emergency numbers at camp are:

Office: (570)296-8596

Cell: 570-983-7101

Jewish Observance, Philosophy and Shabbat

The program attract people from across the Jewish religious and cultural spectrum. Regardless of one's current level of Jewish knowledge or practice, camp helps foster a sense of respect for the diversity of Jewish expression. Optional Jewish programming includes creative religious services, Jewish music, dance, drama, discussion groups and arts and crafts. Please wear white shirts to Friday dinner in honor of the Sabbath. For those less familiar with Jewish practice, we encourage you to give some of our optional programs a try.

Masseuse

On some weekends, massages are offered in private rooms and are performed by massage therapists. You schedule sessions upon arrival. Please bring cash or checks to pay the Massage Therapist directly.

Medical

If you need medical attention, please let us know so that we may assist you. An urgent care facility is available 10 minutes away in Milford, PA, and the closest hospital is 15 minutes away in Port Jervis, NY.

Milford Urgent Care	Bon Secours Community Hospital
111 E. Catherine Street	160 East Main Street
Milford, PA	Port Jervis, NY
570-409-9700	855-858-7000

Parking

After you unload your car, please park away from the campsite in the designated parking lots. This way we can insure a safe and car-free environment for all. Please note that the main camp gate is locked from Friday night through Sunday morning. The exterior back road out of camp is always open as an alternative exit.

Pets

Unfortunately, pets are not allowed in camp. Please leave your dogs, cats, or other pets safely at home.

Phones and Internet

There are no phones in the bunks. Many cell phones do get services in camp. Please turn your phone off or put it on vibrate during organized programs. We do have limited WIFI internet access available during Family camp. It is located in our Big Rec facility, a passcode will be provided to you upon arrival if you wish to use the limited WIFI.

Photographs

You are welcome to bring your cameras and video recorders to camp and take photographs throughout the weekend. We will be taking pictures all weekend to post on the family camp website!

Problems

Sometimes things "go wrong." If and when something happens during the weekend that does not meet your expectation, please contact one of the Family Camp Team Members right away! We do our very best to correct the situation. We continually strive to improve Family Camp, and your feedback is very important to us.

Program

We have a very busy and exciting weekend program planned. Our schedule offers a variety of options throughout the weekend to meet all interests. We hope you attend your favorite programs as well as try new activities. All activities are staffed by a New Jersey 'Y' staff member who helps to instruct, supervise, and organize the program. If you should have any questions, please ask them. Since many programs are "group programs," do your best to arrive at the activity of your choice at the scheduled time. This way we can begin each program on time with full participation.

Smoking

As we encourage a family atmosphere, smoking is not allowed in buildings or around children. If you do choose to smoke, please smoke outside, away from all children and clean up your trash, cigarette butts, etc. Fire is a hazard in our wooded site!

Staff

All Family Camp programs are run by year-round and seasonal staff members of the New Jersey 'Y' Camps who help you and your family get the most out of your weekend.

Tipping

Tipping/gratuities are prohibited at all programs of the NJ 'Y' Camps. Smiling and saying thank you for a job well done are, of course, always, welcome and appreciated. You can also contribute to the NJY tax-deductible scholarship fund.

Valuables

Enjoy the weekend worry free! Leave your valuables at home. New Jersey 'Y' camps cannot be held responsible for lost or stolen items. If you must bring valuables, we suggest storing them in your locked car. Our cabins do not have locks.

Weather

The country weather can sometimes be cool, wet or uncertain. We have great activities planned no matter what the skies throw our way. Prepare for rain and cool weather and don't let anything stop you from having an incredible weekend.

Suggested Packing List (2 Day Weekend per person)

Camp provides bedding for each guest (Sheets, Pillow, and Blanket)

Sneakers	2 pair	Bath, Hand, Beach Towels
White Shirt for Shabbat	1	Warm Jacket
Jeans	2 pair	Raingear (Rain Coat, Umbrella)
Shorts	3 pair	Pool Shoes
Sweatshirts	2	Toiletries (Sunscreen, Bug spray, etc.)
Short Sleeve Shirts	3-4	Musical Instruments
Long Sleeve Shirts	2-3	Sports Equipment
Underwear	Up to you	Cameras
Socks	5 pair	Item for Tie-Dying
Warm Pajamas	1-2 pair	Money for Massage or Soda
Bathing Suits	1-2 suits	Extra Pillows and Blankets & TOWELS
		Flash Light

Remember that camp will supply pillows, sheets, and a blanket. Please pack your own towels and toiletries (and extra blankets or comforters).

A few other important reminders and suggestions

If you are taking public transportation to camp please email us 1 week in advance to make proper arrangements. Our camp drivers will meet you in Milford, PA at the Joey's Pizza parking lot. 570.296.8596 ext. 152 or email jason@njycamps.org

Here are a few optional items you might want to pack

- The camp has plenty of sports equipment however if you want to bring your own, it can't hurt (ie tennis racquets, softball mitts, helmets, etc.)
- Some campers enjoy fishing so if you are one of them, don't forget your fishing pole.
- Your children may bring their skateboards and/or skates/blades with them to camp, however they MUST wear proper protective gear when using them.
- Beach chairs are also great to have by the pool, lake or bonfire.
- Evenings in the Pocono Mt. can sometimes be chili. Make sure to pack at least one warm sweater/sweatshirt.

**For further information and questions, please contact
Jason Hosiassohn at jason@njycamps.org or (973) 575 3333 Ext 152.
After June 1st (570) 296 8596 Ext 152.**

Directions

New Jersey Y Camps: 570 Sawkill Road, Milford, PA 18337-7050

Phone: (570) 983 7101

- **From Central and South NJ:** Garden State Parkway North to Exit 145. Take Interstate 280 West to Interstate 80 West. Leave Rt. 80 West at Exit 34B (Highway 15 North-Sparta). This turns into Rt. 206 North to Milford, PA. At traffic light in Milford go straight ahead (you are now on Route 6 West). You will pass Interstate 84 intersection. Travel 2.5 miles on Route 6 past Route 84 and make a left turn in front of the NJ 'Y' Camps sign on left. Go to end of road and turn left. Main administration building is on right side of road.
- **From Essex County:** Interstate 280 West and follow above.
- **From Staten Island:** Goethals Bridge to NJ Turnpike North; Leave Turnpike at Exit 15W and go to Interstate 280 West and follow directions above.
- **From Northern New Jersey:** Interstate 80 West and follow above.
- **From New York City:** Lincoln Tunnel to Route 3 West to Route 46 West to Interstate 80 West. Follow as above. Or you can take George Washington Bridge to Interstate 80 West and follow directions above.
- **From JFK, Queens, Westchester & Long Island:** Take New York Thruway and cross the Tappan Zee Bridge. Exit Thruway at Exit #16 (Route 17/Harriman). Take Route 17 to Exit 121-Port Jervis to Interstate 84 West. Take Rt. 84 West to Exit #46 in Milford, Pennsylvania. Turn right at top of ramp and go 2.5 miles to camp sign, turn left and follow directions above.
- **From Rockland County:** New York State Thruway North and West and follow instructions from JFK, Queens & Long Island. See above.
- **From Philadelphia Area:** NE Extension Pennsylvania Turnpike to Rt. 22 East. Go to Rt. 33 North into Rt. 80 East. Go to 209 North directly into Milford, PA. At traffic light continue on Rt. 6 West (5 1/4 miles) to the 'Y' Camp sign on right. Follow directions above.